

# Points & Rewards

EARN IT · LOG IT · SPEND IT

Name \_\_\_\_\_

Month \_\_\_\_\_

| Date | What I did | Pts |
|------|------------|-----|
|      |            |     |
|      |            |     |
|      |            |     |
|      |            |     |
|      |            |     |
|      |            |     |
|      |            |     |
|      |            |     |
|      |            |     |

Points saved this week

## Reward menu

spend points on

**15** Choose Friday dinner

**20** 30 min later bedtime

**30** Pick the weekend outing

**40** Friend sleepover

**50** \$5 to spend

**80** Skip a chore (not dishes)