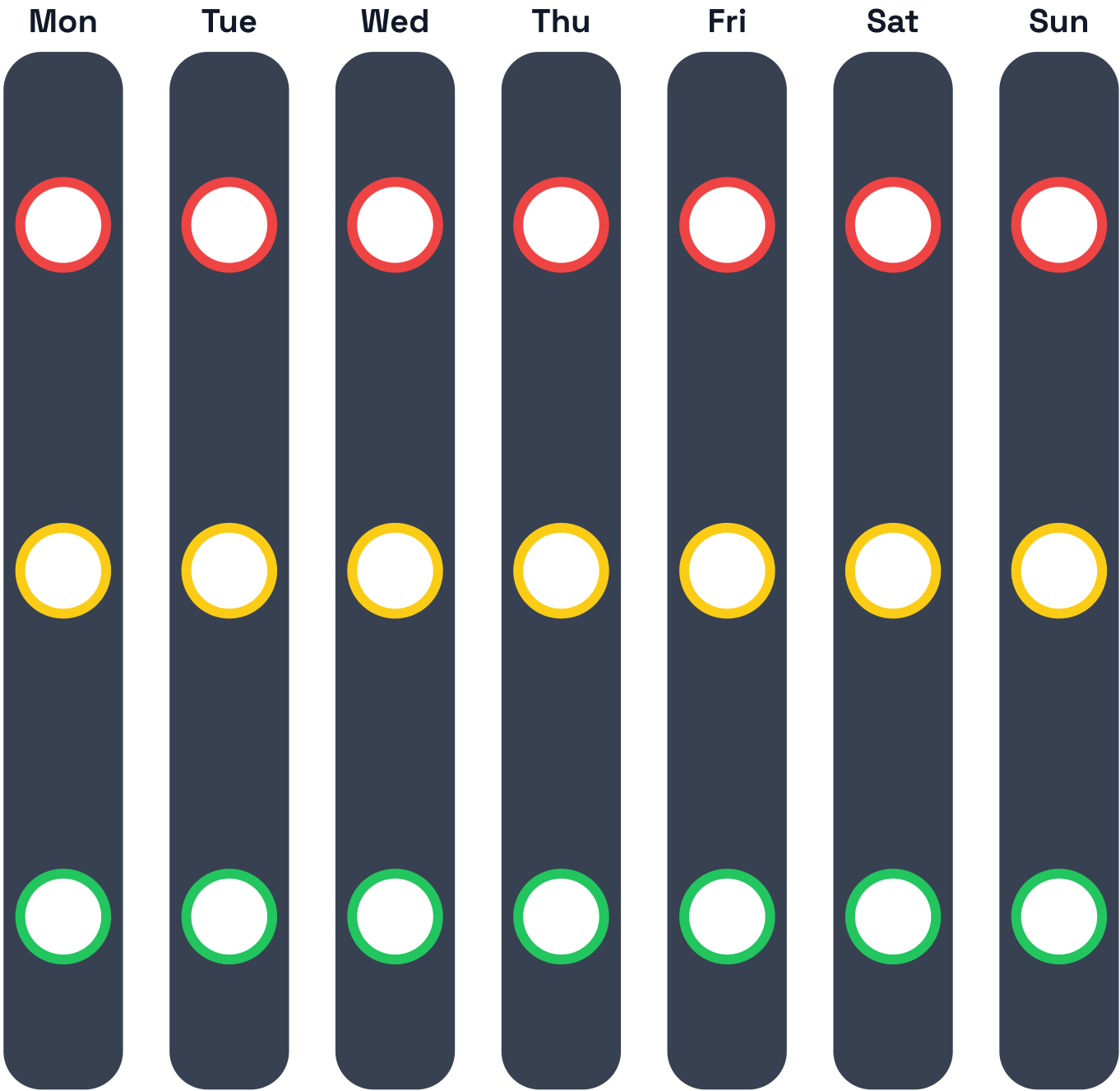


Traffic Light Chart

Color one light at bedtime: how did today go?

Name _____ Week of _____

Our goal: _____



 Green = great choices  Yellow = needed reminders  Red = tough day, fresh start tomorrow

What went well this week
